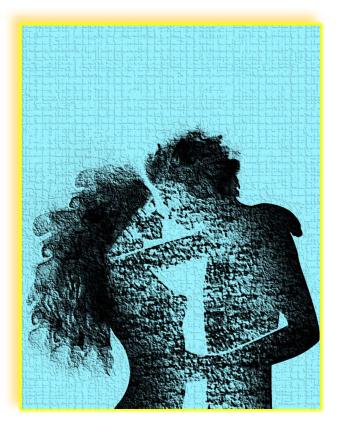
# **UK COLLEGE OF HOLISTIC TRAINING**



# PROSPECTUS Diploma in Sexology



# **Distance Learning Course**

2023 edition v. 1.0 Accredited by IGCT

#### DIPLOMA IN SEXOLOGY PROSPECTUS - UK COLLEGE OF HOLISTIC TRAINING

Sexology is the academic study of sexuality. It is a discipline that draws from many areas, e.g. psychology, anthropology, social history, social studies, comparative religion, anatomy/physiology, and medical sciences.

Our new Diploma is Sexology is a comprehensive, multi-disciplinary distance learning course with a guideline study time of 9 to 12 months based upon at least 5 hours' study per week. It requires a single university-level illustrated textbook of approx. 900 pages, authored by a professor at an American university, that can be downloaded or read online. There are 15 modules and each is assessed by a series of short questions. There are typically 6 questions per module with suggested answer lengths ranging from 100 to 500 words depending on the topic being covered. Once each module is completed, the coursework is emailed to the tutor and feedback is given by email. There is no final examination or final essay.

The course length is estimated at 150 hours of study though *individual study times will vary considerably* depending on level of previous education and knowledge, study skills, comprehension, English language competence, etc. At present there is no deadline for completion of the course.

#### <u>Availability</u>

This course is now available for enrolment.

Enrolment and start of study may take place all year round.

Students should apply when they are ready to pay the tuition fee and start the course. If payment is made promptly and an electronic version of the textbook is ordered, students should be able to commence study within two working days, or even the same day if all systems are working smoothly.

#### Entry requirements

Applications are open to any adult working in a relevant profession, whether as a career or as a voluntary worker (including retired professionals). Relevant professions may include: counsellor, psychotherapist, hypnotherapist, life coach, psychologist, psychiatrist, medical professional, teacher/lecturer, educator, law enforcement or legal professional, pastoral counsellor, social worker, advice worker, support group worker, sex counsellor/ sex therapist, researcher. University students may also apply to take this course as an extracurricular programme (however university credit is <u>not</u> available for this course.) Applications from students not meeting the above guidelines but with an interest in the course will be considered on their merits. UKCHT reserves the right to reject any application without giving a reason.

An excellent standard of English and good study skills are assumed.

#### Technical requirements

A good standard of computer literacy is assumed. Students should have a PC or Mac computer – the textbook is not ideal for reading on a small device. You should also have a fast internet speed for working with the online textbook (which is very long) and other files. (If you can stream movies to your computer, your speed should be acceptable.)

Students should have a PDF reader (such as the free Adobe reader) and should be able to download Adobe Digital Editions, which is free and is required to work with the latest electronic distribution of the textbook.

https://www.adobe.com/uk/solutions/ebook/digital-editions/download.html

You might have to download the guidebook for Adobe Digital Editions separately, which means that you should also have a program that can extract zip files.

If you are using the free program 7Zip, it may not be able to open your Downloads folder – in that case move the zip file to a documents folder before extracting it.

Ashampoo sometimes makes a free version of its zip software available.

Otherwise there are various free and paid zip programs available.

Installing Adobe Digital Editions on Mac

Please see the following link

How to install Adobe Digital Editions 4.0 on Mac OS X

Please arrange to download the appropriate software before enrolling to give you time to familiarise yourself with it.

#### Introduction

This is a very comprehensive course using *approx. 900 pages* of university-standard textbook material including many links to online resources including audiovisual material, plus the UKCHT course manual which includes the assessment questions, exclusive bibliographies for further professional study and links to sources of free educational materials written by experts.

The key textbook is supplemented by fifteen comprehensive study guides, one for each module. These will be available direct from UKCHT as downloads, and are only available to enrolled UKCHT students. The guides contain approx. 450 pages in total. The aim of the study guides is to make the textbook information more accessible and easy to absorb, and also to act as a handy quick-reference library for revision purposes for any professional application. It is recommended that students read the appropriate study guide, then turn to the textbook for more in-depth study, before attempting the set assignment questions for the module.

The tuition fee includes the issue of the fifteen study guides so there is nothing more to pay for course materials after paying the tuition fee and ordering the core textbook.

Please note: Good and affordable distance learning sexology courses are not easy to find. We are aware that there is a home study sexology course offered by a private institute in the United States whose material *has not changed since the 1980s* and that does not contain a fraction of the content of our course. If you have taken that course, you will be amazed at the content of ours. *Please do not confuse this course with very cheap on-line courses.* Eventually, people will try to copy us and issue Diplomas in Sexuality with minimum content, since there is no control whatsoever in the UK over the use of the word "Diploma."

The source material we have carefully selected for this course takes an innovative multidisciplinary approach to gender and sexuality, including neuroscience, developmental, cognitive and social psychology, and in addition provides a historical overview, coverage of the influence of religion, politics and philosophy, and discussions of comparative public policy and law from an international perspective. We believe that we are the only independent, non-university adult education school in the UK using this advanced material.

The references and links to recommended resources, websites and videos throughout will make the course a go-to source of materials and ideas for your professional, educational or therapeutic activities.

The course is based around the latest (2021) version of the textbook, which has been extensively updated and information about COVID is integrated into the text. Our own course manual has updated appendices giving lists of additional resources and recommended reading, and our own COVID supplement gives links to a range of articles on the effect of the pandemic on sexually-related behaviour. This information regarding public health issues and safety precautions will be relevant to any further pandemic outbreak.

WARNING: The course material contains explicit and sometimes detailed references to sexual activity of many kinds, presented in a manner that is legal and presented for educational and academic purposes. Anatomically correct medical illustrations are also included. Links are also provided to various on-line sources regarding sexuality, some of which may contain medical or other imagery. Again the links are only to legitimate sources and are presented strictly for educational purposes. Links include URLS of educational videos. This course does *not* provide access to any illicit material or pornography of any kind.

#### Course outline

The following outline has been edited (redacted) to remove or rephrase certain explicit terms that are inevitably used in this field of study, since we have no control over who may view this document.

# Module 1: Perspectives on Sexuality in a Cultural and Historical Context

- 1.1 Cultural Perspectives and the Global Influence of the Abrahamic Religions
- 1.2 Sexuality across Major Geographic Regions and Cultural Traditions
- 1.3 Sexual Science and Celebrities of Sexology
- 1.4 Future Issues in Sexuality and Politics

#### Module 2: Studying Sexuality: Research Methods and Challenges

- 2.1 Sexology: Who, What, How, and Why
- 2.2 Evolution, Culture, and Other Theoretical Perspectives
- 2.3 Experimental Methods and Challenges

#### Module 3: Sexual Bodies: Anatomy and Physiology

Including Female and Male Sexual Health (details redacted for this document)

#### Module 4: Gender Identity and Sex Development

4.1 What Is Female and Male? [Part A: Sexual Differentiation]

4.2 Biological Sex: Becoming Female or Male [Part A: Sexual Differentiation]

4.3 Identity and Roles: Feeling and Being [Part B: Gender Identity]

4.4 Transgender: Biological and Cultural Variations in Identities [Part B: Gender Identity]

#### Module 5: Attraction, Arousal, Response, and Sexual Orientation

5.1 Senses, Reflexes, and Hormones [Part A: Arousal and Response]

5.2 Response Cycles: Multiple Models [Part A: Arousal and Response]

5.3 Individual and Sex Differences in Response [Part A: Arousal and Response]

5.4 Sexual Attraction [Part B: Attraction and Orientations]

5.5 Sexual Orientations [Part B: Attraction and Orientations]

5.6 Sexual Orientation and Gender Identity, Minorities, Religion, and Law [Part B: Attraction and Orientations]

# Module 6: Sexual Relationships, Love, and Communication

6.1 Consent, Dating, and Hooking Up [Part A: Intimacy and Love]

6.2 Love and Romance [Part A: Intimacy and Love]

6.3 Partnerships/Marriage, Family Structures, and Divorce [Part B: Long-Term Relationships]

6.4 Monogamy and Non-monogamy [Part B: Long-Term Relationships]

6.5 Improving Relationships [Part B: Long-Term Relationships]

# **Module 7: Sexual Behavior Across Cultures**

- 7.1 Sex, Dreams and Fantasy
- 7.2 Sexual Contact, Masturbation and Celibacy (full section title redacted)
- 7.3 Forms of Erotic and Sexual Contact (full section title redacted)
- 7.4 Experimental Sexual Play and Behaviour (full section title redacted)

#### Module 8: Gender and Sexuality across the Lifespan

- 8.1 Infancy and Early Childhood [Part A: Childhood and Adolescence]
- 8.2 Puberty, Adolescent Sexuality, and the Media [Part A: Childhood and Adolescence]
- 8.3 Sex Education, Pleasure, Pregnancy, and Disease Prevention [Part A:
- Childhood and Adolescence]
- 8.4 Gender Roles and Difference over the Lifespan [Part B: Adulthood]
- 8.5 Aging and Health and Fitness Affecting Sexuality [Part B: Adulthood]

#### Module 9: Variations in Sexual Behavior: Kinks, Fetishes, and Paraphilias

- 9.1 Sexual Diversity (full section title redacted)
- 9.2 Consenting Behaviours (full section title redacted)
- 9.3 Nonconsenting and Criminal Behaviours (full section title redacted)
- 9.4 Causes and Treatments of Problematic Behaviours (full section title redacted)

#### Module 10: Fertility, Contraception, and Abortion

10.1 Ovulation and Hormones

10.2 Conception and Contraception

10.3 Family Planning: History and Politics of Abortion, Contraception, Population Growth, and the Environment

# Module 11: Pregnancy, Childbirth, and Parenthood

- 11.1 Multiple Paths to Parenthood
- 11.2 The Three Trimesters of Pregnancy
- 11.3 Childbirth and Parenthood

# Module 12: Sexual Difficulties, Dysfunctions, and Treatments

- 12.1 Origins of Disorders: Culture, Experiences, Physiology, and Relationships
- 12.2 Diagnosing and Treating Disorders of Sexual Interest, Arousal, Orgasm, or Pain
- 12.3 Sex Therapy and Relationship Therapy
- 12.4 Other Sexual Difficulties

# Module 13: Sexually Transmitted Infections and Prevention

13.1 Morality versus Behavioral Health Perspectives [Part A: Perspectives and Nonviral Infections]

- 13.2 Nonviral STIs [Part A: Perspectives and Nonviral Infections]
- 13.3 Viral Infections Other than HIV [Part B: Viral Infections]
- 13.4 A Pandemic: HIV and AIDS Worldwide [Part B: Viral Infections]
- 13.5 Safer Sex and Practical Risk Reduction for All [Part C: Safer Sex]

#### Module 14: Sexual Aggression and Coercion

(details redacted for this document)

#### Module 15: Sex as a Commodity and the Regulation of Sexuality

15.1 Enhancements, Surgery, and Objectification [Part A: Surgery, Erotica, and Prostitution]

15.2 Erotica, Pornography, and the Internet: Past, Present, and Future [Part A: Surgery, Erotica, and Prostitution]

15.3 Selling Sex: Strip Clubs, Prostitution, and Human Trafficking [Part A: Surgery, Erotica, and Prostitution]

15.4 Other Regulation of Sexuality, and the Future [Part B: Concluding Thoughts and Speculations]

#### Assessment and Examination

Students progress through the course by continuous assessment and there is no final exam. Each module is assessed by a series of written questions. Although the textbook is at university level, we have selected the assessment questions so as to be accessible for the average educated student, without needing prior knowledge of psychology, social sciences or statistics. If you have been able to work through texts at Advanced Level (UK) or Level 2, 3 or 4 standard, you should be able to cope with this course. All assessments are of the "open book" variety: you will be able to consult the text and the study guides as you write your answers. Naturally, you will come across many new ideas, facts and concepts, but there are introductions, explanations and glossaries to help you. You can email your tutor if you need clarification of any part of the text or any assessment question.

Your privacy is protected. Please be assured that we will not, at any time, ask for details about your own sexual orientation, history, activities or preferences. The assessments do not require disclosure of that information.

#### Textbook Author and Course Compiler

UKCHT puts a great deal of thought and research into selecting the best textbook(s) for its courses.

The author of the key textbook used for this Diploma is Professor Marcus C. Tye, Dean of the School of Health Sciences at the College of Staten Island, City University of New York, Professor in the Psychology Department and a clinical psychologist. The edition of the textbook we are now using was published in 2021.

Please note that Professor Tye is not connected with UK College of Holistic Training and is not involved in the administration, admissions, tutoring or assessment of this course. His textbook is used by UKCHT as an educational resource available to any course provider, in the same way as any other published textbook. This does not imply the Professor's approval of any particular use of the materials, other than their availability to the education sector via the publishers. UKCHT is not connected with the City University of New York in any way and the UKCHT Diploma is not a qualification from the City University of New York.

From the "About the Author" page of the textbook (first edition): [Dr Tye] first started teaching human sexuality in 2003 and aimed to write a comprehensive textbook that was accessible for beginning students, yet relevant for advanced students. His goal was to include cultural variation, gender and economic equity, global development, and LGBT equity throughout the text.

From the textbook description: [The text] takes an integrated approach to exploring the complex dimensions of biology, culture, psychology, sociology, history, and philosophy that explain human sexual diversity. [The author] contextualizes specific topics, such as sexually

transmitted infections, in a broader picture of comprehensive sex education and public policy, access to healthcare, and economic equality.

The compiler of this course is Morris Berg PhD, (he/him) Principal of UKCHT who has devised many courses for UKCHT and other colleges. Dr Berg studied sexology as part of a clinical psychology module at North East London Polytechnic, where he carried out research into personality and sexual practices. He later studied Sexual Attitude Restructuring. He holds a BSc(Hons) in Psychology from the University of East London and a doctorate in Hypnotherapy from a US university. Morris Berg has many qualifications in counselling, psychotherapy, hypnotherapy and energy therapy. As a clinical hypnotherapist he learned hypnotherapeutic approaches to psychosexual problems and has compiled relevant course units for another college. Based upon his professional knowledge and assessment of independent study he was awarded a Diploma in Sexology by the College of Integrated Therapies. He now has the opportunity of presenting the UKCHT Diploma in Sexology to a new generation of professionals.

#### Qualification and Accreditation

Successful students will receive the Diploma in Sexology awarded by UK College of Holistic Training. A printed Diploma will be issued and posted to the student.

The course has been accredited by the International Guild of Complementary Therapists <u>https://therapyguild.info</u> and graduates may apply for membership of that professional body.

UKCHT is an organisational member of <u>ACCPH</u> (Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists)

University credit is not available for this course since it is a private sector course independent of the university system.

If any further validation or accreditation is acquired for this course details will appear on the UKCHT website and in communications to students/graduates.

#### What "Level" is this course?

At the moment the course does <u>not</u> have a "level" designation (for example Level 3 or Level 4) because it has not been considered by any validating body for such a benchmark.

#### Course Transcripts

A printed Course Transcript, confirming completion of the course and outlining the syllabus, will be available to graduates on request for an additional cost of £ 25 including postage. Transcripts can be sent to students' addresses only. Unlike universities, we cannot send sealed transcripts to other institutions.

#### Non-UK Students

Because of post-Brexit VAT complications, and also because of sales tax changes in many other countries, we are only able to accept enrolments from some countries outside the UK.

Please contact us at <u>info@ukcht.uk</u> for enquiries (*please mention what country you are in and also the state or province if your country is a federal one, e.g. US/Canada – we cannot guide you without this information*). We are publishing relevant information on our website from time to time.

#### Verification of Qualification for Students residing or moving overseas

Verification may be obtained by email subject to permission of the graduate for data protection purposes.

We do <u>not</u> offer international document verification services such as Apostille, notarisation and "legalisation" by foreign embassies. If you need a qualification that can have such verification, then please apply to study a course at a university or other governmentrecognised institution that can arrange those facilities for its graduates. The cost of providing such notarised document verification can be very expensive, and it does not guarantee that the qualification will be accepted for employment or self-employment purposes in a country that has strict regulations concerning foreign qualifications.

We cannot give any advice on the use of our Diploma in foreign countries – you will need to seek local advice in your proposed country of residence concerning what specific qualifications or licences are required for the work you wish to do or the title you wish to use. Having said that, the titles "sexologist" and "sexual coach/ relationship coach" will probably be unregulated, but you should still check for any local regulations concerning using titles, self-employment and setting up in practice.

<u>Tuition fee and payment</u> The following fee is subject to change – please see course web page or any relevant special offer information for the correct fee at time of application).

The tuition fee for the course is £350 (350 GBP/UK pounds) for <u>individual self-funding</u> <u>students only</u>.

If you wish to include the transcript fee with your tuition fee, the cost will be £375.

The fee for <u>corporate or organisational delegates</u> is £ 500 payable in advance (excluding the textbook which the student is responsible for ordering – the student should claim reimbursement from their organisation). Enrolment will not be activated until the tuition fee is paid.

The corporate fee of £500 will include the transcript.

Corporate and organisational orders will only be accepted <u>from the United Kingdom</u> and not from overseas bodies or organisations.

The textbook is not available directly from us and must be ordered on-line from the publisher's website in the USA. It is not available from bookstores or Amazon. Students will need to register for an account with the publisher. The cost of the textbook is **US \$ 49.95 for online access plus PDF download. Online plus PDF** offers flexibility, affordability and instant availability and will suit most students. (Costs and available formats are subject to change as decided by the publisher).

#### The printed version of the textbook is not available outside the USA.

If sales tax is applied to the textbook you will be advised prior to completing your book purchase via the publisher's payment system.

Only one comprehensive textbook is required for the course, though students may elect to acquire supplementary books of their choice.

Instructions on textbook access and purchase will be provided to enrolled students in the UKCHT course manual which is supplied in PDF format.

#### Means of payment

TUITION FEE – UKCHT will accept payment from self-funding students ONLY by PayPal for this course. (You will not normally need to have a PayPal account but you can open one free of charge if you wish. PayPal will send you a link for electronic payment explaining how you can pay.)

#### We do not take credit card payments over the phone.

TEXTBOOK – The publisher will accept PayPal, as well as Visa, Mastercard, American Express, JCB, and Discover cards. You will need to open an account with the publisher on-line so you will need to use your own card or PayPal facility, not someone else's.

n.b. UK College of Holistic Training only accepts card payments via PayPal. Asking students to pay us for this course by PayPal proves that you are also able to pay for the textbook electronically and will avoid tuition refund requests due to the student not having an electronic payment means to order the textbook. We cannot order the textbook for you, as a special security-marked copy, bearing the student's name, is produced on demand for distribution to each student.

#### Payment by e-check/ e-cheque

If you don't have a credit card, you can use PayPal's e-cheque (e-check). We send you a PayPal payment request as normal. On the PayPal site, you select e-cheque and enter your bank account details, and PayPal will deduct the appropriate amount from your bank account. This method may take a few days allowing for clearance of your payment, and when it has cleared, PayPal will send us the money. You should also be able to use this method to buy the textbook, but you will also need to wait for the transaction to complete.

#### Payment plans

We regret that payment plans are not available for this course at present. We can accept payment by PayPal made with your credit card, allowing you to budget using your card's credit limit.

We regret that we have no scholarships available. We are unable to reply to requests for scholarships, and we cannot assist with scholarship applications to funding bodies.

#### Interruption of Paypal service

In the event of an interruption to PayPal service we will advise on what payment procedures to follow.

We may change payment arrangements at any time.

#### Information for corporate or organisational delegates

This course has been priced at a reasonable level for the professional self-funding student. The fee for corporate or organisational delegates is  $\pm$  500 per delegate payable in advance (excluding the textbook which the student is responsible for ordering and should claim reimbursement from their organisation).

Each delegate's application is subject to acceptance by UKCHT who reserve the right to reject course participation by any particular student. Completed application forms for each student will need to be submitted prior to invoicing and payment.

Enrolment will not be activated and textbook and/or download instructions will not be issued until the tuition fee is paid. Previously, we have experienced *very long and time-wasting delays* in payment from schools, local authorities and other organisational customers for our courses, and as a result, the actual delegates became disappointed and dropout rates for organisational delegates were far higher than industry norms.

It is unfair both to delegates and small educational businesses such as ourselves for payments, once authorised, to be delayed. If you are a potential student seeking course funding from your employer or sponsoring organisation, please consider this information carefully.

The course manual and study guides that we provide, and the textbook sold by the publisher, are for the use of the individual student/delegate only and are not licensed to be used as part of the organisation's library or for distribution to colleagues or posting on the organisation's intranet as a company resource.

If an organisation wishes to have a copy of the textbook in their library, they may order a separate copy from the publisher.

For payment by corporations, companies or organisations, we will accept UK company cheques or BACS payments. No refunds can be made for B2B sales. Pro-forma invoices issued on request. Students will be individually responsible for ordering the textbook from the USA and paying by PayPal or card. Each copy of the textbook is licensed for a single student and will bear a coding to this effect. Organisations are responsible for checking that each student is able to pay for the book electronically, using their own PayPal account or credit card, prior to confirming their delegation.

UKCHT is not registered for VAT so the total fee quoted for tuition is the total fee payable.

Please make all organisational enquiries to info@ukcht.net

#### Student's responsibility for prompt order of the textbook

We do not produce or sell the textbook and its sale is the sole responsibility of the publishers. For licensing reasons we cannot act as a distributor.

If you are accepted for the course and have paid your fee, you should order the textbook promptly even if you are not able to start your studies right away. We have every confidence in the textbook being available from the publishers, and we have been liaising with them for several years. Under UK consumer law you can ask us for a refund of your course fee up to four weeks after you make your payment if you change your mind. However, if you postpone ordering the book and some time later, it is not available to you for any reason, we are not obliged to issue a refund. Nevertheless, we would, in such a very unlikely scenario, do our best to help you complete your studies and earn the Diploma.

As the book purchase from the publisher will normally in electronic format, refunds for the book may not normally be available. Read the terms and conditions of purchase when you order the book. You will be able to contact the publisher should you need any help with accessing your copy.

# Can I call myself a sexologist?

There are no particular regulations governing the title of "sexologist" to the best of our knowledge. However, this course is meant to be a professional development course for existing professionals or those preparing to enter one of the helping professions or relevant educational careers.

From the core textbook: "Some of those who study sexuality identify as sexologists, but most identify professionally as psychologists, biologists, anthropologists, sociologists, historians, and so on with an interest in some aspect of sexuality." For the UK, we would add that students of sexuality practising in the private sector would mostly identify as counsellors, hypnotherapists or psychotherapists, having the appropriate professional qualifications.

In principle we neither approve nor disapprove of the use of the title "sexologist", though we would point out that like any other designation, it should not be used in a misrepresentative, ostentatious or sensationalist way. Sexologists are usually academics researching or teaching the field in universities as part of psychology, social studies or other disciplines. Medical sexologists are *medical doctors* specialising in sexual medicine. In the UK, counsellors and psychotherapists specialising in sexual and relationship counselling and therapy tend not to use the title "sexologist" as their main designation, as evidenced by the titles of the major training courses in the area of psychosexual counselling and therapy. We suggest that you retain your existing professional title(s) and add Dip. Sexol. to your profile to indicate your knowledge of this area. To use the word "sexologist" to imply that you can counsel or treat people in any way if you are not qualified to do so would be grossly misrepresentative, and we will not support such use.

Example of ethical and discreet use of the qualification: *Joe Bloggs, Dip. Hyp., Dip. Couns., Dip. Sexol., Hypnotherapist and Counsellor specialising in psychosexual problems and relationship issues.* 

Some people may wish to take the Diploma for background study before applying to a professional training course in psychosexual therapy or counselling, or a relevant Master's degree, as it may influence the chances of being accepted for such a course to show that you have acquired the knowledge that our Diploma contains and have a serious interest in becoming a helping professional.

# Training in becoming a sexual and relationship therapist

Becoming a qualified specialised sexual and relationship therapist in the UK is normally by completing a lengthy, classroom-based specialist counselling or psychotherapy course plus a period of appropriate supervised practice and presentation of case studies, and there are at least six well-established accredited training bodies providing such courses. Courses in relationship coaching are also available from various providers.

Relationship *coaching* courses are generally shorter than counselling and psychotherapy courses.

Links to the websites of training organisations will be provided in the Course Manual as a guide to future career training.

# Bonus resource appendices

The Course Manual will include a series of bonus resource appendices that are not examined but are for reference by students who wish to pursue further knowledge of an area or to obtain a quick summary of relevant issues. Further appendices will be added from time to time or will be available as handouts.

The typical format of a resource appendix will be a bibliography and also links to relevant on-line articles, the latter giving the student the opportunity of immediate reading about various perspectives on the topic. These resources are additional to the various links provided throughout the course textbook.

At the time of writing the following appendices are available (more are being added):

- Training in Psychosexual Counselling, Psychotherapy and Sex/Relationship Coaching (with links to various training organisations)
- Sexual attitudes in Judaism (relevant to the discussion of Abrahamic faiths and their influence on sexuality which is covered in the core textbook, and useful to those with a Jewish clientele or the student interested in religious studies/comparative religion/ sociology of religion/ anthropology).

We have had students who are pastoral counsellors within faiths whose members did not have any sexual education.

- Sexuality and Autism/ Asperger's Syndrome
- Free Resources in Psychosexual Counselling and Psychotherapy where to find links to free textbooks for professionals provided by the website of a professional psychotherapy organisation. As well as books relevant to sexology there are links to publications on psychology, hypnotherapy, psychoanalysis, child therapy, etc. All the free book downloads are legal for individual use. A very useful resource that is probably worth the cost of this course alone! (Subject to availability – UKCHT is not responsible for this external resource.)
- Miscellaneous articles, reports and resources
- Sex and Spirituality
- Book Recommendations
- Sex Toys a brief note for consumers
- COVID resources and articles
- Information for previous graduates of this course

#### How to Apply for the UKCHT Diploma in Sexology

Before you apply, please ensure that you have the *full tuition fee available* and that you have the time to commence the course shortly. If your application is accepted we will send

you a PayPal request for payment. If payment is not received within seven days, the application will be cancelled automatically.

If we have emailed you this prospectus, we will normally also attach a copy of the application form. If you do not have the form please email <u>info@ukcht.net</u> to request one.

Please return the completed application form by email to info@ukcht.net

Or by post to:

UK COLLEGE OF HOLISTIC TRAINING 3 Bedfield House, WINCHESTER, Hampshire, SO23 7JH, U.K.

Please do not enclose any payment with the form if sending by post. We will ask you to pay the fee on acceptance, or you may give your PayPal email address for invoicing purposes.

#### We prefer to receive applications by email!

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Information in this prospectus is correct at time of publication and does not form part of any contract. UKCHT reserves the right to change any detail of the course, materials and/or course fees at any time. All courses are subject to review and improvement.

UKCHT is not responsible for the content of any external websites featured in this prospectus.

# Contact details:

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